



ARKANSAS VERDIGRIS VALLEY
HEALTH
CENTERS

IMPACT REPORT



Improving the health
of rural communities

A Message from our CEO

An impact report is a way for our organization to communicate how we are trying to improve rural communities, as well as our progress. AVV Health Centers strives to measure our impact on the communities we service and our patient's lives, focusing on their physical and mental health.

AVV Health Centers History

AVV Health Centers was established in 2005 as a 501 c3 non-profit organization and became a federally qualified health center (FQHC) in 2009. We have grown to four locations and a mobile health care unit. AVV Health Centers serve Porter, Muskogee, Coweta and the surrounding areas. We currently have 9 medical providers and 2 licensed professional counselors.

IMPACT SNAPSHOT

7113

Patients served in 2022

35,188

Total encounters in 2022

65

Total employees



2022 Total Income

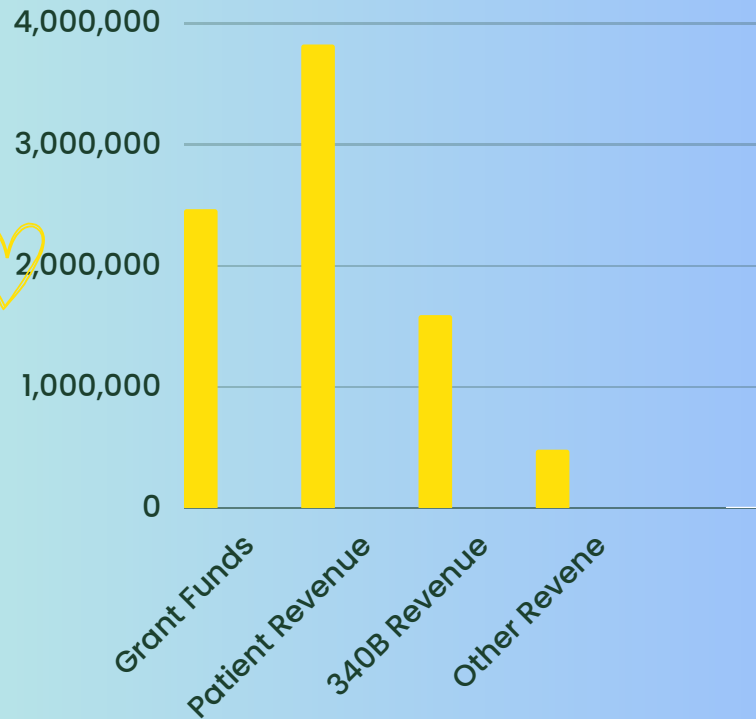
\$8,320,355

MISSION

AVV Health Centers promotes healthier Lifestyles by Providing Quality, Compassionate, Affordable healthcare and health education services to all:

Vision

To provide accessible, quality, affordable, dependable health, dental, optical, mental health and pharmaceutical services to our community in a state-of-the-art facility with on-site urgent care and transportation.



2022 PROJECTS

DETAILS

OUTCOME

New Muskogee Green Country Facility

New Facility opened Oct 2022

- Increase capacity from 4 to 10 patient rooms
- Increased lab capacity

Expanded Behavioral Health Services

Added 2nd Licensed professional counselor

- Increased capacity to serve 25 additional patients each week

PATIENT SUCCESS

Diabetes Management

A1c is an important tool for managing diabetes.

Maintaining A1c levels in a target range (6.5 - 7) when you have diabetes helps avoid eye, nerve, kidney or other health problems that arise when blood sugars are consistently high. AVV Health Centers work with their patients to successfully maintain blood sugar levels.

Patient A - a diabetic who went from an A1c of 12.4 to 6.2 in three months

Patient B - a patient that didn't know they were diabetic with an A1c of over 14 is now well controlled at a level of 5.1

AVV Health Centers has also implemented the SHAPES program to help our patients with diabetic supplies and resources.

Hypertension Management

Hypertension management involves lifestyle changes, regular monitoring and medication, if needed. Our providers help patients struggling with uncontrolled hypertension. One patient has struggled for years, but is now on a good regimen, their blood pressure has been controlled for 6 months and they were able to pass a DOT physical with no issues.

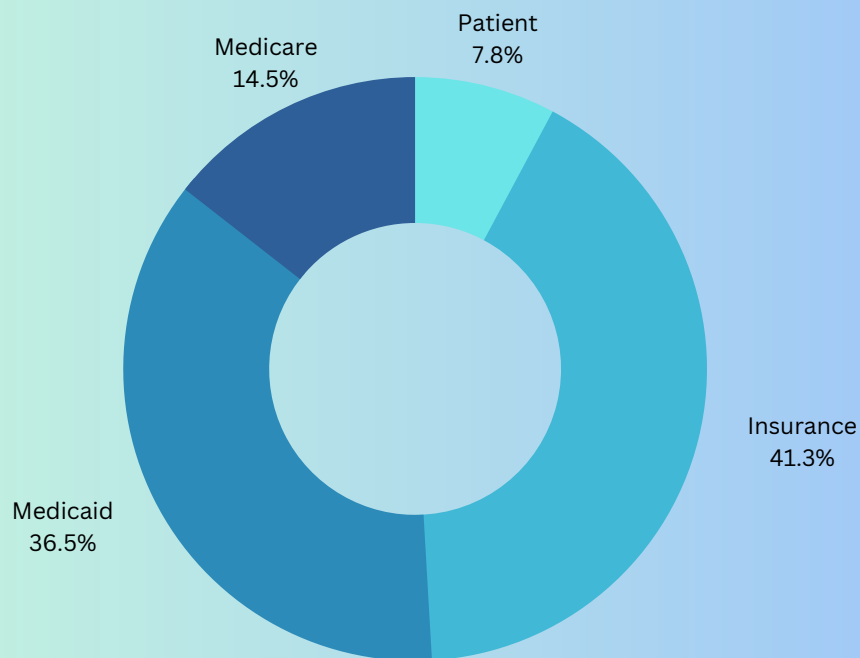
Who We Serve

Patients Reported by Race Ethnicity

- White - 4409
- Black/African American - 732
- American Indian/Alaska Native - 533
- Asian - 38
- Native Hawaiian/Other Pacific Islander - 27
- More than one race - 546
- Unreported - 828

Non-english Patients Served - 520

Patient Revenue by Source



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